

TITLES	EXPLANATIONS
<b>Title of Course</b>	Gestalt Therapies
<b>Code of Course</b>	PSK 458
<b>Type of Course</b>	Elective
<b>Level of Course</b>	Undergraduate
<b>Year of Study</b>	4
<b>Semester/Trimester</b>	7 or 8
<b>Number of ECTS</b>	4
<b>Name of Lecturer(s)</b>	Prof. Nesrin Hisli Şahin or Assist. Prof. Okan Cem Çırakoğlu
<b>Course Learning Outcomes</b>	At the end of this course students will be able to; LO1. Acquire knowledge on history and basic assumptions of Gestalt therapies. LO2. Acquire knowledge on basic techniques used in Gestalt therapies. LO3. Learn different aspects of Gestalt therapies from other psychotherapy approaches. LO4. Learn how Gestalt therapies are utilized in different problems. LO5. Develop their knowledge on psychotherapy process in general.
<b>Mode of Delivery</b>	The style of teaching is face-to-face interaction.
<b>Prerequisites and Co-requisites</b>	There is no prerequisite or co-requisite for this course.
<b>Recommended Optional Programme Component</b>	None
<b>Course Contents</b>	1. Getting Started 2. What is Psychotherapy 3. What is Gestalt Psychotherapy 4. Development of Gestalt Psychotherapy 5. Awareness and Consciousness 6. Therapeutic Relationship 7. The Use of Life Context in Psychotherapy 8. Assessment in Gestalt Psychotherapy 9. Planning Treatment 10. Awareness Techniques 11. Orientation of Here and Now 12. Dream Works 13. Case Studies 14. General Evaluation
<b>Recommended or Required Reading</b>	(Primary Textbook) Brownell, P. (2010). <i>Gestalt therapy: A guide to contemporary practice</i> . NY: Springer Publishing Company. (Suggested References) Perls, F. S., Hefferline, R., & Goodman, P. (1977). <i>Gestalt therapy: Excitement and growth in the human personality</i> . NY: The Gestalt Journal Press. * The primary textbook for this course is renewed every year.
<b>Planned Learning Activities and Teaching Methods</b>	This course is conducted through discussions on the material presented in class and over the compulsory reading material. With this aim in mind, (a) regular lectures supported by visual presentations and (b) class discussions are used.
<b>Assessment Methods and Criteria</b>	1 Midterm, 4 Homework, 1 Final Exam or Term Project
<b>Language of Instruction</b>	Turkish
<b>Practicum</b>	None

<b>Course Learning Outcomes</b>	LO1	LO2	LO3	LO4	LO5
<b>Program Outcomes</b>					
Analyze problems with the scientific method and appropriate scientific tools.		X	X	X	X
Think critically and creatively, ask questions, make comments using the knowledge and skills they have acquired.	X	X	X	X	X
Develop a positive attitude toward life-long education.	X	X	X		
Use the library, scientific databases, internet and other sources effectively.	X				
Have the skills to find out, analyze, evaluate, decide about, and apply the alternative solutions to problems.	X	X	X	X	X
Be open-minded to use knowledge stemming from different disciplines and/or areas of psychology.	X	X			
Develop a positive attitude toward critical thinking.				X	X
Have advanced theoretical and applied knowledge of psychology supported by contemporary course material.	X	X	X		
Have the necessary knowledge and skills to analyze and synthesize the main areas of psychology.	X	X	X		
Be competent in English and Turkish.					
Use effective methods to present, share and discuss scientific information.					
Be able to write scientific papers by using international manuals such as APA.					
Show courage and use the necessary skills to propose solutions to the problems of the world they live in.				X	X
Show courage and have necessary skills to propose solutions to the problems of their own life.					X
Have a positive attitude to statistics and be able to use common statistical software packages.					
Be able to plan and conduct research independently.					
Apply qualitative and/or quantitative methods depending on the nature and the scope of a given problem.					
Know the research methods and statistical procedures used in behavioral sciences.					
Use tools such as questionnaires, inventories, scales, and tests.					
Apply psychological knowledge to other problem areas for community welfare.					X
Use theoretical and applied knowledge in accordance with ethical standards.					